

Visit your dentist at least once a year for a check-up and professional cleaning.

Dental Network

Try to visit a dental practice that is on the **DENIS Dental Network**. DENIS, the company that helps Thebemed to look after your dental benefits, has an agreement with dentists, dental therapists, and oral hygienists on the Network. These private dental practices will not charge you more than the **Thebemed Dental Tariff** for your basic dental treatments*.

Thebemed Dental Tariff

If you have the benefit available on your plan and membership, you will not have to pay extra for basic dental treatment* at a practice on the DENIS Dental Network.

If you do not have the benefit available for planned treatment, ask your dentist to confirm the amount that you will have to pay.

Confirm Dental Benefits

Confirm your dental benefits before the visit or treatment.

Refer to your Benefit Brochure, or contact us on **0860 10 49 33** to confirm available dental benefits.

Universal & EDO

Dental accounts for Universal & EDO members are only paid if treatment is done by a dentist, dental therapist, or oral hygienist on the DENIS Dental Network.

Always ask the dental practice if they are still on the Network.

Find a Network Practice

Find a Dental Network practice in your area – search on the DENIS website: www.denis.co.za

*Basic dental treatment includes dental check-ups, professional cleaning (scale and polish), fillings, extractions, dental X-rays, root canal treatment, and for younger members, dental fissure sealants, and fluoride treatment (Energy Plan only).



THEBEMED
MEDICAL AID SCHEME

Dental Benefit Queries?

Call 0860 10 49 33

Brought to you by DENIS, your dental health partner of choice

denis