

NETCARE
082911
24HR EMERGENCY MEDICAL SERVICES

#BurnsAwareness

Tag that friend who... ➔





dries or warms clothes near or on the heater



uses an **old hot water bottle**



leaves candles burning unattended



sleeps with the **electric blanket** on all night

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#BurnsAwareness

Feels
harmless.
Until it
isn't.



Avoid burns

- ✓ Keep heaters **at least 1m away** from fabric
- ✓ **Replace hot water bottles** every 2–3 years (never use boiling water)
- ✓ Never leave **fire unattended**
- ✓ **Switch off electric** blankets before sleeping

Stay warm. Stay safe.

In a medical emergency, call 082 911
or tap on the Netcare app

