

## THEBE WE CARE CORONAVIRUS (COVID-19)

Following the diagnosis of the Coronavirus (COVID-19) in South Africa, we would like to communicate the following:



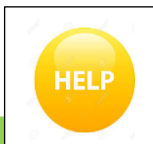
### CORONAVIRUS IS COVERED

- ThebeMed Medical Scheme will cover the following costs:
  - Testing
  - The Treatment for confirmed patients.
- Benefits for both in-hospital and out-of-hospital will apply.
- We will cover Private hospitalisation when a member with a confirmed diagnosis is symptomatic and requires hospitalisation.



### THEBE SUPPORT

- ThebeMed Medical Scheme will provide the following support to its Member's:
  - Digital Newsletter
  - Posters in English, Zulu & Sotho
  - Various SMS communication
  - MMS communication
  - Flyers to hand out at Wellness Days
  - Mailer to Managers and HR with resources and tips.
- Communication to members to utilise seasonal vaccinations



### WHAT TO DO:

- ThebeMed Members must contact their GP or "Hello Doctor" if:
  - Travelling to any of the affected countries
  - In contact with a person from areas where outbreaks were reported
  - Experience the following Symptoms Shortness of Breath, High Fever and/or Cough.
- By dialling \*120\*1019#, "Hello Doctor" would phone the member within an hour for further help on Coronavirus information.



### PREVENTION

- The best way to prevent the spread of infections is to:
  - Wash your hands often with soap and water for at least 20 seconds
  - Avoid close contact with people who are sick
  - When coughing or sneezing:
    - Cover your mouth and nose with your arm to reduce spread of germs
    - Immediately dispose of any tissues

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