





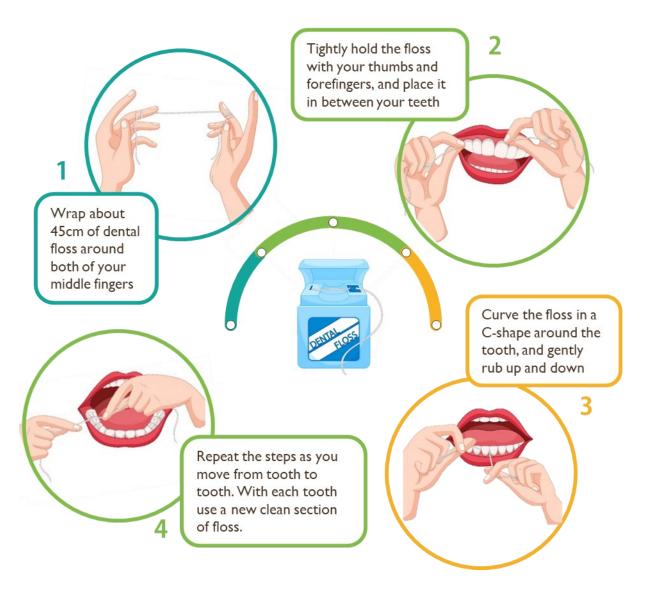
## **YOUR ORAL HEALTH**

DENTAL FLOSSING: AN IMPORTANT ORAL HYGIENE HABIT



## **FLOSS LIKE A BOSS IN 4 EASY STEPS**

Flossing cleans and removes food stuck between your teeth, which reduces the bacteria and plaque in your mouth.



The good oral hygiene habits that can make your teeth last a lifetime:

Visit your dentist at least once a year for a dental check-up and preventative care

Brush your teeth every morning and every night

Floss every day to clean between your teeth

Brought to you by DENIS, your dental health partner of choice



